



THE NEWSPAPER OF THE DIOCESE OF MOOSONEE • www.moosoneeanglican.ca • A SECTION OF THE ANGLICAN JOURNAL • DECEMBER 2023



JoAnne Jenkins and Catharine Cribbs are two of the volunteeers who help to make the people who come to St. Matthew's Cathedral's lunch program feel welcomed and valued.

They Also Serve

Article by George Cribbs, Editor of the Northland.

"Serve the Lord with gladness" (Psalm 100:2)

HERE ARE MANY UNSUNG 'HEROES' within our parishes. These 'heroes' are the people who perform all manner of tasks so that our church services can run smoothly that our church buildings are clean and in good repair and who work at our parishes' projects so that they can be successful. Some of these individuals are clergy or they are lay persons who hold prominent positions within the parishes where they serve. Many others are parishioners who simply help where and when help is needed. For some time, St. Matthew's Cathedral in Timmins has been providing meals for people who need the food or a place to warm themselves or a place where they can feel safe. Some of the guests who come to be served a meal really need to have someone listen to them and pay a little attention to them. This special ministry of service has grown over the last year and now involves many of the people of the parish.

The tasks associated with the lunch program are many. Food needs to be prepared or purchased in advance; tables and chairs and tablecloths need to be set out in the church hall; food needs to be made ready in the kitchen and then taken into the church hall; plates, cups, glasses, bowls, condiments, milk, cream, sugar, tea, coffee, and water all need to be made available in time to serve those who come to the church hall. When the parish's guests arrive, they are to

be greeted - usually by name if they are regular attendees and made welcome. They are served a hot meal and their dishes are cleaned and put away when they are finished their repasts. As they dine, some parishioners come and sit with them - if they so desire - and listen to their stories and engage them in conversation.

The following are but some of the people who come work at the Friday lunch program: <u>Peter Colbert</u>



The Reverend Valerie Isaac was installed as the incumbant at St.Mark's in Kapuskasing.

Valerie Returns

Article by Reverend Anne Marie Carrièr, St. Mark's, Kapuskasing.

AMILY AND FRIENDS gathered at St. Mark's, Kapuskasing on September 10th in celebration of new ministry. The Reverend Valerie Isaac, locally raised priest and cherished member of the community was formerly Priest-in-Charge at St. Mark's, Kapuskasing until June 2020. Having accepted a new call in her ministry, Reverend Valerie moved to South Porcupine, Ontario where she was appointed Priest-in-Charge of St. Paul's Anglican Church and Dean at St. Matthew's Cathedral. Following a short 'retirement' period, Reverend Valerie gracefully



Peter Colbert working at the barbecue! See "Have You Been Served?" on page 2

See 'New Breath of Spirit' on p 3.



'Have You Been Served?' continued from page one.

Peter Colbert is the 'Renaissance Man' of the lunch program. He is an excellent cook and often prepares meals and barbecues burgers as well as doing the dishes. **Don Montague**



Cheryl Shaw and Don Montague are preparing hot food for the guests.

Don Montague is a warden at St. Matthew's and he works tirelessly throughout the week buying food in the local supermarkets and coming very early to the church to make sure that the food to be made ready is taken out of the freezer. Don then helps to prepare the church hall and cooks food so that it is ready in good time for the guests.

Maria McAdam



Maria McAdam and Reverend Agnes Flam enjoy serving food.

Maria and her husband Garfield attend virtually every Friday lunch. Maria frequently serves the food to the clients ensuring that everyone has enough and that they have the items which they want on their plates. Nina Paquette



Nina is someone who likes to serve others. She not only distributes food but engages people in lively conversation and makes them truly welcome. **Catharine** Cribbs



George & Catharine Cribbs

Catharine is one of the hosts who listens and chats with the guests as they eat their meals. She greets many of the guests by name as they arrive for lunch. It is this personal approach, as well as the food, which brings many of the people back repeatedly. **Cheryl Shaw**



Cheryl Shaw is a talented woman who works as a Community Worker and Diocesan Administrative Assistant and she gives much of her time to the lunches.

Cheryl is another one of the workers who makes sure that everything will run smoothly when it is time to serve the lunch. She organizes the volunteers and checks the supplies. **Marion Berube**



This generates many used dishes as well as pots and pans. Marion usually works quietly away in the kitchen seeing to it that everything is spotlessly clean for the well being and comfort of the guests. **Bishop Victoria Matthews**



Bishop Victoria Matthews takes delight in serving others.

Bishop Victoria provides much of the background work needed to keep the lunch program going. In addition to her organizational skills, she happily serves all who come to the lunches and often washes dishes too. **Christine** Bronson



Christine Bronson's lovely smile is betowed upon the guests who come to the lunches.

Christine is a good conversationalist because she knows how to listen. Her sympathetic ears have helped many of the guests to feel at home at St. Matthew's.

When some of the clients come to the church hall they fall asleep



The Northland

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Nina Paquette is a vital part of of St. Matthew's Cathedral.

Marion Berube at the sink!

Marion likes to do dishes! All the guests are served with the parish's reusable plates, cutlery, and cups.

over their meal because they have walked all night to stay warm and be safe. St. Matthew's offers them a sanctuary as well as good food. It gives people who have few friends friendly faces to interact with; it gives the people who come a respite and a sense that someone cares about them.

Every volunteer who works at this lunch program can attest that they feel just as rewarded as the clients

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whom they seek to serve. St. Matthew's lunch program has given some of its parishioners a wonderful opportunity to help others and in so doing they have been blessed. The lunch program has given the parishioners a deeper appreciation of one another and a deeper understanding of the homeless.



Can You Hear the Baby Cry?

Article by The Reverend Judie Cooper, former Priest-in-Charge, St. Matthew's Cathedral.

"Let me hear joy and gladness" (Psalm 51:8)

N THE LOGGING CAMPS OF Northwestern Ontario, in the 1950's, men often worked for several months at a time away from their wives and sweethearts. The companies would put on a party half way through the work cycle and bring all the families to join the men. There was quite a celebration! A dance band was hired and good food and drink added to the liveliness of the night.

At one such party, a woman brought with her a newborn baby come to meet her father for the very first time. When the band began playing, the baby was frightened and started crying. And a rough, tough old woodsman leapt to his feet and shouted, "Stop the band so we can hear the baby cry!"

Can we get quiet enough this Christmas to hear the Baby cry? Such a cry is the most beautiful thing that we can ever experience in this world. It's worth trying.

We'd have to muffle the sounds of commerce. The whir of the ATMs, the pings of debit and credit card entries, the hustle and bustle of crowds of people packing into the stores, the clink-clink of many an emptying piggy bank when the usual money just runs out. Can we find a place in our hearts where we can think of Christmas without thinking of money? Where we can hear the Baby cry?



The Reverend Judie Cooper. photo taken at St. Matthew's Cathedral in Timmins.

We'd have to block out the cries of violence all over the world. Stop the bombs, hold back the troops, silence the angry words, and angry fists. We'd have to leave our anxiety and fear aside, and listen with all of our concentration. Can we do it?

We'd have to lay aside our prejudice and disbelief; be willing to be amazed; be open to the miracle; to let hope arise in our hearts no matter how many times we have been disappointed by people or by the Church or even by our experiences of God. We need hope to hear the Baby cry. Can we still hope? We need to try because, you see, it is so very important to hear the Baby cry. It changes everything.

Everything changes because we

SMALL CHILDREN CHILDREN OF ALL AGES ARE WELCOME AT CHURCH. EACH HAS THEIR OWN UNIQUE CONTRIBUTION TO BRING TO THE LIFE OF THE WORSHIPPING COMMUNITY

WALMIGHTY A GOD ATO AWHOM AALL A HEARTS A AARE AOPEN AALL ADESIRES AKNOWN A AND A AFROM AWHOM AND ASECRETS ARE A HIDDEN A ACLEANSE ATHE ATHOUGHTS A OF AOURA HEARTS H ...

CartoonChurch.com

minds are opened, we see things a hear Him? new way, we dare to hope and dream again. When we hear that Baby cry, we know that God loves us. We know that He loves us enough to walk among us and feel our pain and know our temptations and carry our burdens. We know that there is absolutely nothing we could do to ever cause God to stop loving us. It had, after all, all been done before He came. There had been lies; there had been murders; there had been unfaithfulness; there had been atheism; there had been greed; there had been violence ... and still God came - in the Baby - for love. Perfect love that will not rest until love is returned and peace is restored between God and mankind. That is the change. Our hearts are softened, our message of the Baby's cry. Can you cry of the Baby!

Keep listening. Every day for all of your lives. The Baby Son of God didn't stay a Baby. He grew into the Man Jesus. A Man who spoke great words and did great deeds and loved in ways that have captured the imagination and passion of generations ever since. A Man who finally died to do away with death. A Man whose resurrected life brings eternal life, forgiveness, peace, and joy to everyone who has ears to hear and a heart to believe. When he cried, He cried for us. When he laughed, He laughed for us. When he died, He died for us. When He rose, He rose for us. It all began in the heart of God.

And we hear it all in the beautiful

New Breath of Spirit Continued from page 1.

accepted a new appointment as Priest-in-Charge at St. Mark's, Kapuskasing.

This special service of appointment was led by The Reverend Canon Tom Stradwick and it was well attended. Members of the community, family, friends, and neighbours poured in to show their support and welcome back our dear Reverend friend. Although familiar with her role and duties as Priest-in-Charge at St. Mark's, all in attendance were reminded that this was indeed a new era for St. Mark's, Kapuskasing and a new ministry for The Reverend



Valerie Isaac.

The love and joy surpass our church walls as the community of Kapuskasing also rejoices in the official return of the Isaacs in our small town. Both Mr. Ron Isaac and The Reverend Valerie are active members and pillars of our community. Their official return was long awaited and greatly anticipated. Reverend Valerie, thank you for your continued support and dedication to our parish. We thank God for your returning leadership. When we count our blessings, we can now officially count you twice! To God be the Glory!



The Reverend Anne Marie Carrièr. Canon Tom Stradwick, and The Reverend Valerie Isaac aat the Induction Service.



DIOCESE OF MOOSONEE ACTIVITIES



Marilynn Harvey quickly learned how to play Chickenfoot under the guidance of veteran player Catharine Cribbs. The 'Games Afternoon' is a regular feature of life at St. Matthew's Cathedral and open to the entire community.



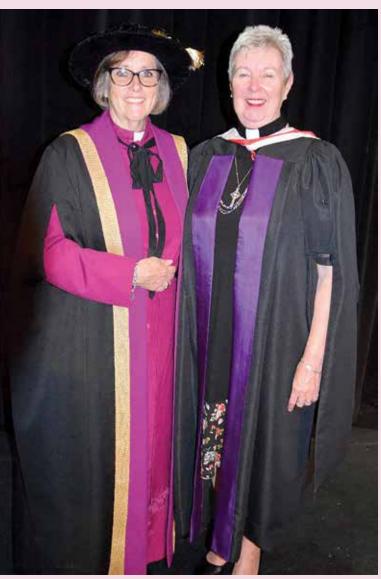
Sarah Brown, PWRDF Representative for Holy Trinity, Cochrane and Gayle Meidema, Lay Reader, led parishioners in a worship service entitled, "Food and Faith" and in support of PWRDF.



Sylvia Martin, Christine Bronson and JoAnne Jenkins pondered their next moves in the strategic game of Sequence. St. Canon Tom Stradwick, assisted by The Reverend Anne Marie Carirér, officiated at the Induction Service for The Reverend Valerie Matthew's offers regular 'games afternoons' to the community. People come to enjoy each others' society as well as the Isaac at St. Mark's Church in Kapuskasing. Reverend Valerie posed for this photo with her family and friends who were in attendance. games and the treats which always seem to accompany them.



Canon Patricia Dorland received her Bachelor of Theology degree from Thornloe University in Sudbury at its Fall, 2023 Convocation. She had previously earned a Certificate for Anglican Lay Readers in 2013 and a Diploma in Theology in 2016 also from Thornloe.



Archbishop Anne Germond and The Reverend Valerie Isaac attended the Fall Convocation held at Thornloe University. Reverend Valerie reeived her Bachelor of Theology degree. **CONGRATULATIONS!**



Kim Skiodmore stands in front of the display created to introduce Holy Trinity Anglican Church to the public at Cochrane's Fall Fair. This particular display won first prize for a 'publicity display'. Holy Trinity does a great deal to interact with the larger community in the town of Cochrane including participating in the fall fair.



Bless Them All

HIS YEAR WAS SPECIAL when it came to blessing the animals in Kapuskasing. For the first time, the Happy Tails Off-leash Dog Park was the host of the service. The park itself accommodates dogs both large and small with the proviso that you clean up after your pet and that the dog doesn't get angry with other participants.

The day was nice enough but as the weather changes quickly here in the North, it was no exception when it came to Blessing the Dogs at the park. As time for the service approached, the clouds began to roll in and then the rain began. The dogs and their owners that remained made a mad dash for the shelter in the park. After waiting for a few minutes and seeing that the rain wasn't about to stop, I took the initiative and did the service in the shelter. There were six dogs with their owners present for the service as the others had made a hasty retreat before the rain. All was quiet



Article by The Reverernd Valerie Isaac, St. Mark's Kapuskasing.

The Reverend Valerie Isaac persevered with the blessing of the dogs despite the fact that it had begun to rain on the Happy Trails Off-leash Dog Park!

and good throughout the service with the respective dogs sitting quietly and then receiving their blessings with joy.

When I first reached out to the managers of the park, they were thrilled to be included in the celebration of the patron saints of pets, St. Francis. When I explained to them what my plans were for the service, I was greeted with glee. The management was happy to have not only the dogs but also the park itself blessed for the use of all. All were looking forward to next year's Blessing of the Animals at the Happy Trails Off-leash Dog Park in Kapuskasing. We are all hoping for sunny skies for next year but it won't matter as we all have boots and coats of one type or another to get us through whatever Mother Nature sends our way.



Kim Skidmore Holy Trinity Church, Cochrane

You might say I have come back to my roots in the Diocese of Moosonee as a member of Holy Trinity Anglican, Cochrane. My mother, grandmother, and greatgrandmother were members of St. Alban's Parish in the small community of Brower east of Cochrane ... coincidence ... no as my wonderfully wise friend Anne has often reminded me ... just part of God's wonderful plan. His plan has allowed me the opportunity of serving on Provincial and Diocesan Synods and Select Vestry. Canon Patricia Dorland has continually been a friend as she stretched and challenged me in so many ways from 'Time and Talent Fund-raisers' to 'Narrative Budgets'.

PWRDF causes have always been a passion of mine from selling giant cookies to purchasing goats or learning how to auction off fall harvest items.

And the food, oh the food! ... we have had so much fun feeding thousands over the years with an equal amount of Christmas cookies baked.

Children's ministry has given me such joy - from Charlie Church Mouse Pageants with old and young joining together in celebrating the gift of God's son - how they came together at the last minute is a true sign of God's power (and sense of humour). No matter what wild and wonderful idea I have hatched, the parishioners of Holy Trinity have always been behind me 150%! They are truly the heart and soul of this community. Thanks be to God.

The Road to Knowledge Article by Sandy Drinak, Saint Michael and All Angels Anglican Church, Thunder Bay.

STAND IN CONSTANT AWE

of the remarkable ways my faith has grown over the past few years as a lay reader in training. The road to deepening one's faith is a never-ending ride filled with captivating attractions along the way. One of the most enjoyable aspects of my spiritual journey has been my involvement with the Bishop Tom Corston School of Ministry, an institution rooted in the Diocese of Moosonee. Despite the geographical distance between Thunder Bay and the school. Zoom meetings and the benevolence of the school's Pastoral Missioner and Principal, Canon Diane Hilpert-McIlroy have allowed me to connect with this wonderful mix of lay leaders and clergy from Northern Ontario and Quebec every Friday morning.

Our church, like many others, faces the challenge of not having a full-time minister. The need to quickly acquire practical skills was something traditional university studies did not cater to. Although I am currently enrolled part-time in the Bachelor of Theology program at Thornloe University, I yearned for practical advice and a supportive network of individuals to help me get started on my ministry journey. This is where the Tom Corston School of Ministry came



Sandy Drinak, on her motorbike and the Road to Knowledge.

to my rescue. The people there have been a treasure trove of support, akin to helpful travel agents guiding me through the intricacies of 'boots-on-the-ground' ministry.

Every Friday morning, our journey begins with a centering morning prayer setting the tone for the enlightening education that follows. Workshops often feature guest speakers, and their topics have ranged from sermon preparation to theological reflection. Each presentation provides valuable insights on how to apply the knowledge acquired to enhance Sunday services or to care for the people in our parishes. Engaging in discussions within the group has consistently deepened my understanding, as people generously share their

unique ideas and personal experiences.

What makes the school truly exceptional is the wealth of wisdom that resides within the group. Recently, three members courageously shared their personal experiences with residential schools - a topic that coincided with our preparations for Truth and Reconciliation Day. The stories they shared were accompanied by thoughtful discussions on how to address these sensitive issues within our church services. It was a powerful moment of sharing ideas and perspectives among individuals from various churches, ultimately leading to a profound enrichment of our Sunday services and a deeper understanding of the complexities surrounding reconciliation.

The Bishop Tom Corston School of Ministry has been a guiding light, providing crucial support for me on my expedition as a lay reader in training. It's remarkable how a single community can transform awe into action helping us grow in faith and empowering us to make a positive impact upon our congregations and communities. This journey continues and I am grateful for the companionship of this wonderful group who have become a source of strength and inspiration in my spiritual quest.



Advance to Advent

Article by Bishop Victoria Matthews, Episcopal Adminstrator, Diocese of Moosonee.

"In the beginning was the Word, and the Word was with God, and the word was God. He was in the beginning with God. All things came into being through him, and without him not one thing came into being. What has come into being with him was life, and the life was the light of all people." (John 1:1-4)

"Reduced to the most basic level possible, there exist only three things: matter, energy, and relationship. And these relationships, whether between atoms and molecules, bees and flowers, or humans and God, are created, sustained, and modified by some kind of communication." (William Fore, Media Development Magazine, March 2011)

S I WRITE THIS AR-TICLE FOR The North*land*, we have two major wars waging on our planet. The Ukraine-Russia war is in its second year and the Israel-Hamas war just concluded its second week. So many deaths and injuries have occurred. But the greater tragedy is that there is a breakdown in the human community to the point where we want, or think we want, to kill each other. We have forgotten that being in a relationship is essential to being human and that God inviting humanity, both individually and as a body, into a relationship with Godself is both beyond extraordinary and the ultimate opportunity to discover what community is all about. We learn from the earliest age of our existence outside the womb that being in a relationship with others is essential to growing into who God calls us to be and become.

So, Advent is not only a time of looking for the coming of the Messiah, exciting and important as that is. It is also a time of looking inward and asking how my relationship with God, my neighbour, my family, and the plant is going. Am I so occupied with work that the community, the parish, the Band, or my family is almost forgotten? Many of us are prone to complaining about the growth of social media and the fact it isn't unusual to see a couple of close friends setting side by each, totally immersed in their cell phones or iPads. Yes, they are physically present to each other but also far apart. Nevertheless, there are also blessings in the present digital age. Human beings in a digital age may maintain their Anglican identity by having



Bishop Victoria Matthews

an app that brings them the Scriptures and prayers appropriate for every day in Advent, if that is their heart's desire. I am pretty certain that somewhere there is an app that allows you to virtually light the appropriate number of Advent candles and join others around the world for a time of worship and preparation for the coming of the Christ Child. How cool is that?

As the Christian churches in North America suffer from a steady decline, we ask questions about the identity of the Body of Christ, the Church. But in fact, in the Gospels, we hear Jesus ask questions: "Then Jesus came to the region of Caesarea Philippi, and he asked his disciples, 'Who do people say that the Son of Man is? They replied, 'Some say John the Baptist; others say Elijah; and still others, Jeremiah or one of the prophets.' 'But what about you?' he asked. 'Who do you say that I am?'"(Matthew 16:13-15) Advent is an excellent time in the Diocese of Moosonee particularly to ask ourselves that question as we prepare ourselves for what I pray will be a life-transforming Evangelistic Mission in 2024. How can we welcome Someone we know not?

Jesus found his earliest affirma-



TABLES BUCKLING UNDER SHEER WEIGHT OF MINCE PIES



ADVENT WREATH FIRES

thew 12. 48-49) This came to its fullest expression as a human being and God when Jesus said, "*I* am the Way, the Truth and the Life. No one comes to the Father except through me." (John 14. 6) Thus, we hear loud and clear that community and particularly relationship is key to Jesus being both human and divine.

During my lifetime, I have witnessed the transformation of the exchange of gifts at Christmas. Gone mostly are the days when one gave gifts in an attempt to impress others. Now the challenge in Advent is to ask which charity one will support by buying virtual gifts for people in another part of the world. Is it clean water for a village in Haiti or farm animals for a community in an African country? Are there ways of giving gifts that make peace in war-torn areas? And there remains the beautiful, heartfelt gesture of a handmade gift which represents both love and labour. Recently, in a conversation about PWRDF, I was told one year a parish literally bought a farm for their Christmas gift to another part of God's world. That represents a very focused Advent season. There is also the gift of time. Many people are lonely and committing to spend time on the phone with someone far away and alone is a wonderful Advent exercise. The simple gesture might become transformative for both people in a relationship. How can we welcome Jesus in the manger if we don't car enough to reach out to others?



UNREST OVER THE CORRECT WEEK TO LIGHT THE PINK CANDLE



SUPERMARKETS RUNNING OUT OF ORANGES

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part of the world is dimming and we are naturally inclined to want to stay home as the temperatures plummet. However, there is still a multitude of ways we can increase our humanity by strengthening our bonds of affection and love. At the Cathedral in Timmins, we are more and more aware of our neighbours who live on the margins of society. This is not a matter of planning a Christmas party. It is about asking how we can form better relationships with our friends so that we are better neighbours. This isn't most people's idea of intimacy but I believe it is entirely in keeping with the mission of Jesus. "I came that they might have life and have it in abundance." (John 10.10)

Advent 2023 begins on December 2nd. It is a shortened Advent season this year as Sunday, December 24th is Advent IV in the morning and Christmas Eve a few hours later. Many are having their first service at an earlier hour as families are less willing to travel after darkness falls and there are grandchildren who need to get to bed, if not to sleep. So, this year I invite you to walk the Advent journey very intentionally. Ask difficult and important questions. Are you growing into being the human being God calls you to be? And how is how you live your life and how you engage in your relationships with God and neighbour helping you prepare to welcome the Christ Child when he comes? In earlier times, Advent actually began on November 11th. the Feast of St. Martin of Tours, a soldier who shared his cloak with a freezing beggar. That's a good time and place to start contemplating the journey of Advent.

tion in his relationship with God, who over time Jesus grew to call Abba. "Didn't you know I had to be in my Father's House?" Jesus asked his biological human family. Then sometime later he would expand his human community and ask: "Who is my mother and who are my bothers?" Indicating his group of close disciples, Jesus declared , "Here are my mother and my brothers." (Mat-

Whether it is a Christmas creche or a beautiful card, there is in Advent an intimacy that should not be overlooked. The natural light in our



NORTHLAND • DECEMBER 2023 7

Celebrating St. Alban's Excerpt from a sermon by Canon Patricia Dorland, Holy Trinity, Cochrane.

HE SHARING OF HIS-TORY is important for many reasons. It can be educational. It can help us in sorting out our own identity. It can give us hope. It can bring back memories of people and in some cases memories of family and friends; people whom we care about and honour.

On this day, Sunday, September 24th) we acknowledge and give thanks for St. Alban's Anglican Church, Brower and the members of that faith community. This mission church was consecrated by the Bishop of Moosonee as St. Alban's and named after the first Christian martyr in England in the 4th Century.

St. Alban is the patron saint of converts and tortured victims. But I think the bishop was focusing more on people turning to God in faith and not at all on any poor tortured soul who might attend St. Alban's

The physical structure of the building is long gone and most of the interior articles have been disbursed to other parishes. But the real church, the people who worshipped there together, remain ... as part of the whole communion of saints. These were people who prayed together; raised their voices in song; and celebrated: baptisms, confirmations, weddings, and funerals. There are too many families



A lunch was served following the service celebrating St. Albans. Jack Mann, second from the left, continues to be a Brower resident and he attended St. Albans before moving to Holy Trinity in Cochrane where he is a treasured member.

the Bedfords's, Chapleau's, Gill's, Harrisons, Mann's, Murrell's, Raynor's, Recoskie's, Skidmore's, Wharton's, and Whitfields.

This parish was very much a rural community and making a living often involved farming or logging at a time when pioneer life was hard work. But that did not deter these Brower families from gathering on Sundays to worship together.

The church services during the 20's and early 30's were often presided by Archbishop Anderson who walked the 6 miles along the rail line for an afternoon Sun-

to name them all but some are: day service. When he arrived, the wood stove was already burning and the people were waiting. Archbishop Anderson's reputation was as a great preacher is well documented and his love for the people of the Diocese of Moosonee and the small mission churches was very evident. He loved all the people of the diocese. I am sure, that as any good preacher will do, he would have spoken of God's love for all of God's people. He would have spoken of God's abundant forgiveness and mercy, and he would have encouraged the members of St. Alban's mission to be faithful and obedient to God's will for them.

St. Alban's church had, in one respect, a short ministry life of about 45 years. And yet, seeds were planted in the hearts of the people by the Holy Spirit. The message from Archbishop Anderson that they would have listened to in Sunday worship of God's grace towards those who put their trust and faith in God would have been the water bringing those seeds to life.

In the mid 60's, the St. Alban's church building was deconsecrated and I would desperately hope that all those members were warmly welcomed into Holy Trinity parish in Cochrane. The gifts, talents, and skills they each brought would only have made the parish of Holy Trinity stronger in mission.

The first travelling church missionary to attend to the church in Brower was The Reverend Godfrey Knox in around 1915. This was his final blessing to a Brower family on his return home to Ireland:

"God bless you; I send from *my heart today.*

May he ever guide, strengthen, and keep you as you journey along life's way.

May the years that lie stretched out before you be filled with His love and His peace, through cloud or through sunshine.

May ever the sense of His nearness increase."

Celebrating Food and Faith Article by Kim Skidmore, Holy Trinity, Cochrane.

ONTINUING ITS TRA-DITION of supporting PWRDF through fundrasing and learning, Holy Trinity Cochrane celebrated a worship service entitled, 'Food and Faith' on Sunday, September 17th, 2023; the service was led by Sarah Brown, our PWRDF representative. This service, compiled by Ken Gray of Kamloops, BC. is one of several resources provided for use by parishes through the PWRDF website. Suggested music and music video links are on the site as well.



others with God's guidance and support.

Sarah shared with us a brief history of PWRDF and highlighted several programs that it supports that are currently building capacity in communities around the world in the areas of Health/Food/Security/Climate Change/ Empowering Women & Girls/Indigenous Programs/Humanitarian Response/Supporting Refugees. The PWRDF offers an excellent website packed with resources, videos, service options, and contacts for supporting this amazing Anglican endeavour in your faith communities.

Sarah guided us through the inspirational liturgy that offered us

Parishioners of Holy Trinity in Cochrane enjoyed lunch under the banner of PWRDF in the background.

plenty of opportunity for prayerour faith as we support programs ful worship. As we followed the that increase food security and eqreadings from Isaiah, Matthew, uity of all peoples in our world. Psalm 145 vs. 14-21 in particular and Paul, our minds were opened to pathways leading us to share channeled the way for us to assist

